How To Have **Quiet** Time With God – In The Midst of a Noisy, Hectic, and Rushed World

Session 1 Questions

1. Do you have a regular quiet time with God each day? Why or why not? What things keep you from it? What is interfering with your prayer time? Define what the obstacles and distractions are that keep you from being able to set some time apart with God.

2. What can you change in your life in order to create margin in your life for a daily quiet time with God? What needs to be pruned?

3. What are the reasons we should pray and should pray more?

4. What is your concept of prayer? Do you think it’s a grocery list of petitions? Do you think you should talk a lot? Do you ever practice being silent and “soaking prayer”?
5. Do you believe that God wants to just be with you and that He loves and enjoys you? Why or why not?

6. The root word of “sings” in Zephaniah 3:17 is ge-el which means to twirl like a top. Can you picture God twirling, leaping, dancing and singing over you? Do you think this is an unrealistic idea of God? Is He a more stern, white haired, angry, distant Father figure to you? Can you picture Jesus laughing hard and having fun? What is your concept of what God is like and where did that image come from? Ask God to reveal to you His true identity.

7. What are the current prayer requests – the needs and desires – you have in your life? Keep praying. God hears your voice! Consider starting a prayer box - like the memorial stones in Old Testament.

See you next session!

Beth Jones
Tablet Of My Heart
www.bethjones.net
elizabethdjones@gmail.com

Want to stay connected? Join my personal mailing list at www.bethjones.net.