



Just Write! No Excuses Virtual Summer Bootcamp

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Week 1 Handout (June 7, 2014)

Welcome to the “Just Write! No Excuses” Virtual Summer Bootcamp! I’m so excited you’re joining me and other aspiring authors.

Your Bootcamp Schedule:

Saturday, June 7 ~ Queen of Excuses (Honoring the King of Kings)

Saturday, June 14 ~ My head’s going to explode (Braindump all those racing, creative ideas)

Saturday, June 21 ~ Let your fingers do the talking (Actually sitting down to write or record your book)

Saturday, June 28 – Dandelion Seeds in the Wind (Naturally supernatural marketing, both locally and globally ~ your heart message will go where God wills.)

Free Conference Call Number and PIN for the call each week:

Conference Dial In Number: (605) 475-4800

Participant Access Code: 401886#

“What we do with our time determines how successful we’ll be.” ~ Kristen Eckstein, Best-Selling Author, Award-Winning International Speaker, The Book Coach, and Independent Publishing Expert.

I. Overview

What this bootcamp is not:

What this bootcamp is:

What you’re getting!~ PDF, video trainings, Facebook forum & more!

Take your important message to the world! Just write!

No one has your unique story, your unique message to impact others.

II. King/Queen of Excuses! (Honoring the King of Kings)

Stats. Joseph Epstein ~ 81% of people want to write a book. Few ever do.

The most obvious motivation for writing a book is

No. of books published each year is _____.

95% of people sell less than 500 books! You may be the exception! You can do it!

3 Best Seller, Self-Published Books:

1.

2.

3.

Why self publish? Story of our friend Jim Maher ~ no time to waste!

Excuses ~ What is holding you back? What has been keeping you from writing your book?

“No one ever excused his way to success.” ~ Dave Del Dotto

“Just write every day of your life. Read intensely. Then see what happens. Most of my friends who are put on that diet have very pleasant careers.” ~ Ray Bradbury, WD

We can be the King/Queen of Excuses or we can exalt the King of Kings in our hearts and minds, and obey Him. Writing your book is a matter of obedience to God! Most of the time, the only real thing keeping us from writing our books is ourselves.



Causes of Writers' Block:

- 1.
- 2.
- 3.
- 4.
- 5.

Writers' Block vs. Writers' Resistance (Can be closely related)

Examples of resistance:

Think about how you may resist writing. Write it down.

Writers' resistance is like spiritual warfare for the believer. Satan doesn't want you writing your book or using your spiritual gifts for God.

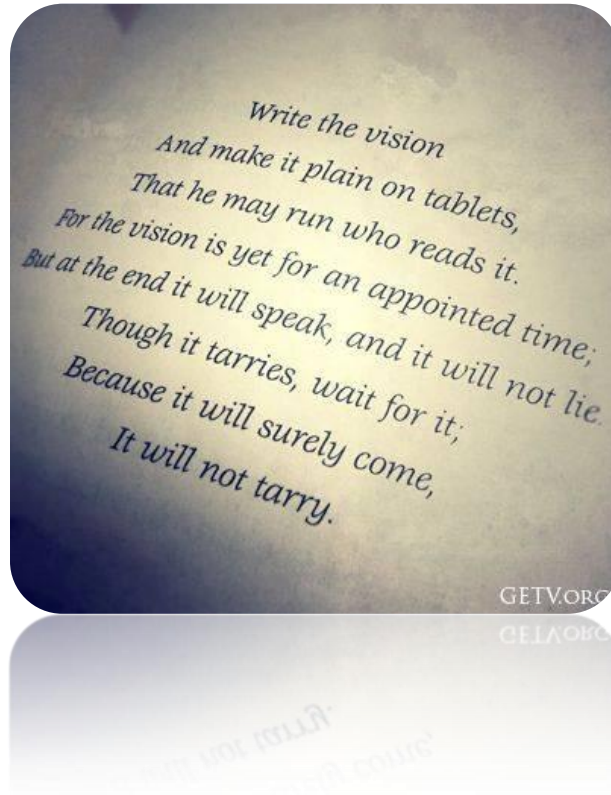
Tips to overcome writing resistance

(<http://pajamaproductivity.com/overcome-resistance-writing-morning-pages/>)

- Write first thing in the morning or late at night. Go to bed earlier to get up earlier.
- Lay out notebook and pen by tea kettle or your coffee.
- Write for 30 minutes about anything. The topic doesn't matter.
- Cut off all other possibilities. You must write 3 pages (or whatever).
- Try this daily for a month and establish as a habit.
- Use pen with easily flowing ink and buy a cheap notebook. Allow mistakes.

simply by getting started ~ and continuing to write faithfully, using this writing gift from God ~ THAT is success! Just START!

Writing Scripture: Habakkuk 2:2-3



Your commitment and prayer:

I acknowledge today that writing is a gift and talent God has given me. I will use this writing gift and talent for His glory, the way He desires. God, please help me to stop procrastinating, making excuses, hiding my gift, and letting fear, intimidation and comparison rule my life. I surrender this writing gift to You. Please use me and my writing gift/ talent as YOU will, God, for the glory of Your Son Jesus Christ and to help others. Please give me Your anointed and creative words, sufficient time to write, motivation, passion, physical and mental energy, and inspiration to write. God, You are a Big God and You can fulfill my big dreams. Increase my faith in not me, but You. Please do more than I ask or imagine and I will give you all the praise and glory. Amen.

ACTION STEPS:

This week: Replace negative thoughts about your writing with positive, Scriptural thoughts (renewing your mind).

This week: Writing Exercise for 10 Minutes ~ Freewrite. Anything goes!